

2004 RV Trip

Day 1 – Drive to Augusta, Maine (385 miles; 7 hours)

- Shop in mall
- Stay in Walmart parking lot

Day 2 – Drive to Bar Harbor KOA, Maine (150 miles, 3 hours)

- Drive to Acadia National Park
- Stop at Thompson Island Information Center
 - Buy U.S. Parks Pass
- Explore Acadia National Park
 - Drive Park Loop
 - Hike – Beehive Trail / Bowl Trail
 - Bike around Eagle Lake
- Stay at Bar Harbor KOA (oceanfront site)

Day 3 – Stay at Bar Harbor KOA (0 Miles, 0 hours)

- Launch blowup boat from campground
 - Explore Western Bay
- Stay at Bar Harbor KOA again
 - Bike/run around campground
 - Buy blueberry pie from hippies that ride around campground in VW bug

Day 4 – Campobello Island/Deer Island (118 miles, 2.75 hour)

- Drive along coast to West Quoddy Lighthouse in Maine
 - Shop in easternmost gift shop
- In Lubec – take bridge to Campobello Island, New Brunswick
 - Go through customs
 - Go to currency exchange
- Explore Roosevelt Campobello International Park (no fee)
 - Tour Roosevelt's summer home
- Take ferry to Deer Island
- Stay at Deer Island Point Camping Park - best view of Old Sow whirlpool

Day 5 – Deer Island / St. Martin / Fundy Trail / Parlee Beach Provincial Park (205 miles, 4.5 hours)

- Take ferry to Letete – free government run ferry
- Drive another 2 hours to St. Martin
 - Stop at Visitor Center
 - Drive Fundy Trail Parkway
 - Stop at viewpoints along drive
 - Interpretive Center at end – Ranger talk on history as logging town
 - Big Salmon River
 - On the way back to St. Martin - explore the sea caves (during low tide)
- Drive on to Parlee Beach Provincial Park
 - Go to beach
 - Bike ride to wharf
- Stay at Parlee Beach Provincial Park

Day 6 – Nova Scotia / Cape Breton Island (288 miles, 6 hours)

Drive 1 hour to Amherst – stop at Nova Scotia Visitor Info Center
Drive to Cape Breton Island via the Sunrise Trail
Cross bridge over Strait of Canso onto Cape Breton Island
Stop at Cape Breton Highlands National Park Visitor Center in Cheticamp
Buy Canada Park Pass (\$89 Canadian)
Stay at Cheticamp National Park Campground
See Ranger Show – “Where have the Salmon gone?”

Day 7 – Cape Breton Highlands National Park and Meat Cove (65 miles, 1.75 hours)

Attempt bike ride from campground along Cheticamp River (Ride #2) – too rocky
Drive the scenic Cabot Trail stopping at viewpoints along the way
Hike Skyline Trail – see pilot whales, moose, grouse
Get off the Cabot Trail at Cape North and head towards Meat Cove
Stop at Cabot Landing Provincial Park – Aspy Bay
Red sand beach – water red and uninviting
Have picnic lunch and walk along beach
See monument to Cabot
Drive precarious dirt road to Meat Cove
Stay at Meat Cove Campground – at edge of bluff overlooking sea
Hike down cliffs to beach

Day 8 – Meat Cove (0 miles, 0 hours)

Stay at Meat Cove all day
Beautiful sunrise – take pictures
Hike to top of hill (Hike #1) overlooking meat cove in morning
Play in river and on beach
Relax on bluff overlooking water
Stay at Meat Cove another night

Day 9 – Meat Cove to Newfoundland (160 miles, 3.75 hours)

Drive 2.5 hours to North Sydney ferry
Stop at Ingonish Beach and the Keltic Lodge along the way
Take 2:30 ferry to Newfoundland – arrive at 7:30
Fun on ferry: live entertainment, gift shop, restaurant, movies
After arriving at Port Aux Basques, drive another hour to Cordroy
Stay at Wishing Well Campground

Day 10 – Newfoundland (Trout River) (170 miles, 4 hours)

Drive 4 hours to Southern Part of Gros Morne National Park
Stop at Walmart/Dominion Food Stores in Corner Brook to stock up
Nicest supermarket we’ve been to
Get off Route 430 in Wiltondale and take Route 431 to Trout River
Stop at Tablelands scenic lookout
Stay at Trout River Campground
Unfortunately only 2 campsites have views (43 and 44)
Bike down to Day Use Area
Attempt to ride Trout River Pond Trail – too rocky and steep for bikes

Day 11 – Newfoundland (Trout River to Rocky Harbour) (55 miles, 1.5 hours)

Hike the Tablelands Hike in the morning
Stop at Discovery Center – great interactive exhibits and films
Drive to Main Visitor Center in Rocky Harbour
Stay at Spirit Pond KOA
 Hike/Run “Moose Path” around pond
 Fish in pond

Day 12 – Newfoundland (Rocky Harbour to Shallow Bay) (41 miles, 1 hour)

Rent paddle boats in Spirit Pond campground before leaving
Drive to Norris Point – Stop at Photographers Point Overlook by the Jenniex House
Drive to Lobster Cove lighthouse in Rocky Harbour
Drive to northern part of Gros Morne along Route 430 (Viking Trail)
Stop at Broom Point in Gros Morne for lunch
 Walk the trail down to the beach where Trout River meets the sea
Drive to Shallow Bay Campground
Bike the trails that runs along campground and into village of Cowhead
 Go to the Dr. Henry N. Payne Community Museum
Run on trails in campground
Stay at Shallow Bay Campground

Day 13 – Newfoundland (Shallow Bay) (0 miles, 0 hours)

Take Western Brook Pond boat tour – single most must see in park
 Reservations required - Ocean View Motel in Rocky Harbour (709-458-2730)
 Cost - \$75 Canadian for family of 4
 45 minute hike from parking lot to boat dock
Go back to Broom Point– wonderful beach where Trout River meets the sea
 Can see snow in mountains
 Swim in freshwater river or ocean
 Fish for trout at mouth of river
 Play on beach
Stay at Shallow Bay Campground again
 Make campfire - smores

Day 14 – Newfoundland (J.T. Cheeseman Provincial Park) (232 miles, 5 hours)

Drive to J.T. Cheeseman Provincial Park (10 miles from Ferry)
Stop at Fishing Exhibit near Broom Point
 Attend ranger tour/talk of fishing outpost
Stop at Walmart/Dominion Food Stores again to stock up
Buy strawberries at roadside stand – 2 pints - wonderful
Stay at J.T. Cheeseman Provincial Park (10 miles from ferry)
 Bike ride to beach at Day Use Area
 Hike to the 2 waterfalls within the campground

Day 15 – Newfoundland to Whycomagh (70 miles, 1.5 hours)

Drive 15 minutes to ferry – get there at 8:00 for 9:00 departure
Take ferry over
 Fun on ferry: live entertainment, gift shop, restaurant, movies
Stay at Whycomagh Provincial Park - on hill overlooking Lake Bras d’Or

Hike to top of Salt Mountain from the campground

Day 16 – Prince Edward Island (Cavendish) (175 miles, 3.5 hours)

Drive 2.25 hours to PEI Ferry
Take it over and drive 1.25 hour to Cavendish
Walk along Route 6 to various attractions
 Ripley's Believe it or Not Museum
 Sandspit Amusement Park
Eat and shop at Sunset boardwalk by campground
Stay at Cavendish Sunset Campground

Day 17 – Prince Edward Island (Robinson's Island) (20 miles, ½ hour)

Bike the Homestead Trail (Bike Ride #34) - From Cavendish campground
 Great bike ride – views of water, farms with haystacks
Drive to Robinson's Island in the National Park
Stay at National Park Robinson's Island Campground
 Best campground – most private – down deadend sandspit
 Large wooded private sites
 Campsite - great view of bay, herons feeding, etc. – bad bugs
Bike ride down dirt road to beach at the mouth of Rustico Bay
 Beautiful and deserted red sand beach, but too many jellyfish
Later that evening go for run down to beach
Photograph sunset from campsite

Day 18 – Prince Edward Island (Cedar Dunes Provincial Park) (88 miles, 2 hours)

Drive to western part of island
Stop at Mill Pond Fun Park (cost us only \$14 Canadian with coupons)
 Water slide, mini golf, bumper boats
Drive to and stay at Cedar Dunes Provincial Park
 Nice campground with water views
 Walk to West Point Lighthouse
 Go to beach – warm water
 Dinner at West Point Lighthouse
 Go up to top of lighthouse after dinner
 Campfire – smores

Day 19 – Prince Edward Island to Kouchibouguac National Park (170 miles, 4 hours)

Drive to Boutouche on the way to Kouchibouguac National Park
 Food shop – totally French speaking
 Picnic in nice park near Visitor Center
Drive to Kouchibouguac National Park
 Stop at Visitor Center – see award winning film
 Stay at South Kouchibouguac campground
 Great campsite – views of river and marina; lots of space
 Bike ride along trail to Kelly's beach – very supervised beach
 Walk boardwalk to beach - lagoons with very warm water
 Go for a run on trails that night
 Campfire – s'mores

Day 20 – Kouchibouguac to Gaspé (318 miles, 6.5 hours)

Bike Ride in Kouchibouguac (Ride #15) – along shore, beaches, river, etc.

Do 4 mile mountain bike part through bogs over boardwalks, etc.

Drive to Gaspé - enter Quebec at Matapédia – not a highly traveled way to enter Quebec

Rough roads

One of the best salmon rivers – looks good for kayaking

Pretty drive across Gaspé peninsula

rolling farmlands, small villages with ornate Catholic Churches – huge spires

Stop at Visitor Center in Gaspé – totally French speaking

Drive along St. Lawrence River – very pretty

Stay at Trois Pistoles Campground

Totally French speaking

Small campsites - packed in like sardines

Redeeming feature – beach with tremendous sunset view over St. Lawrence River

Much photography – kids and I walk out along tidal pools

Day 21 – Gaspé to Quebec City (166 miles, 3.5 hours)

Drive to Quebec City

Stop at Visitor to get maps and information

Park in lot by the Musée de Civilisation

Walk up to the Old City – high up on a hill

Street performers

Notre Dame Church

Wander through streets – cobblestone, stone houses

Citadel

Gift shops

Go back down to Lower Town – Petite Champlain

Stop at café for drinks and dessert

Stay at Quebec City KOA

Swim in pool

Day 22 (Saturday, July 31) – Quebec City to Home (478 miles, 9 hours)

Drive the 9 hours home – torrential rains for a good part of it

Total Trip Mileage: 3354 miles
Average Miles per Day: 152 miles per day